

BEACON HILL FROM THE
SPREAD EAGLE INN SAWLEY

WALKS
with
Taste
in Ribble Valley



Distance: 6.2 miles/10km

Time: 3½ hours

Challenging: a long, steady climb on field paths and tracks followed by a rugged descent.





THE SPREAD EAGLE

Nestling in the beautiful village of Sawley, The Spread Eagle is a historic coaching inn. With the river running at one side of the building, and the remains of the Cistercian Sawley Abbey on the other, it boasts a picture perfect location.

Famed for our delicious food, local beers and fantastic wine list - together with our friendly service, pick your spot to indulge in from our flag-floored bar with open fire, cosy bar lounge or stylish dining rooms.

We welcome walkers, cyclists (secure your bike in one our high-tech bike pods) and even your four legged friends!

Our Abbey Suite is the ideal space for private dining, weddings & celebrations or business meetings - and if you'd like to stay longer we have eleven luxury bedrooms, each one individually designed, with all you would expect and more.

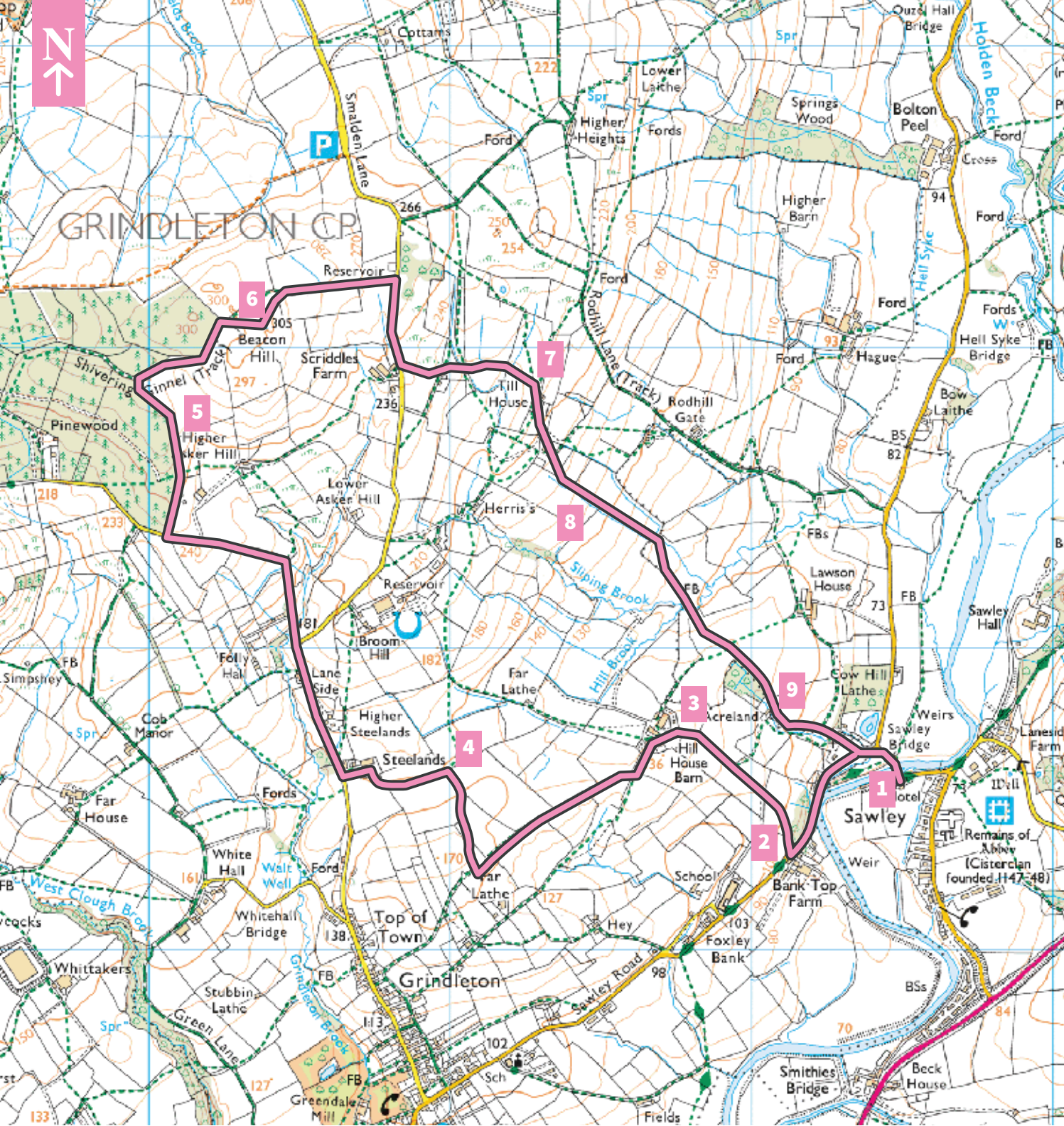
**The Spread Eagle Inn, Sawley,
Near Clitheroe, Lancs, BB7 4NH.**

Tel: 01200 441202



In order to avoid disappointment, when planning to enjoy this walk with taste experience, it is recommended that you check opening times and availability of the venue in advance.





THE ROUTE

1. From the car park, walk downstream and across the bridge, then the left over the stile and along the riverside footpath to road and left uphill for 200 yards to take the footpath on right opposite a farm.
2. Follow the path through the gate as it climbs to the old well then veer slightly left across the field to cross a stile and join a farm track.
3. At the farm, continue left between buildings, past a lawnmower shop and over a double stile onto pastureland. Head to the top right corner of the field and cross a stile, continuing through the middle of the three gates in front of you to climb along a rough track the along field boundary then across the field to the little copse above Far Lathe. Go right over a stile and continue under the trees and then fields to a farm track.
4. Go left along the track, through the farm buildings then right onto the road. Climb for 300m and at the fork continue straight ahead (left). Follow this quiet lane round to the left and after 500m take the footpath on the right that skirts the plantation.
5. After another 500m, over the crest of the hill, turn right onto Shivering Ginnel and continue alongside a plantation then over fields. The trig point is a short detour south off the path from which the views are magnificent.

AT THE SUMMIT

You're standing almost exactly 1000ft above sea level. The hotel is hidden among the trees beside the river in the valley below. The panorama stretches from Birdie Brow to Pendle and up the Ribble Valley to Pen-y-ghent and Ingleborough.



This route has been described on a certain date in time, and it is possible that certain physical changes may occur over time. In particular, old stiles may be changed for gates.

6. From the summit trig point, continue to the road then turn right and head downhill to Scriddles Farm, taking the footpath on left opposite the farm. Follow the field boundary to a stile in the left hand corner of the field – be careful on the steep steps on the other side, then head left, continuing to Till House.
7. Follow the lane downhill across the cattle grid and follow the footpath markers through the back garden of the cottage over the stile and into the field beyond.
8. Continue descending through a series of fields and over a footbridge followed by a stile on the left into a meadow. Head uphill across a meadow and at the crest of the brow go left through a gate then follow the fence along the edge of the copse and over the stile, following the field boundary to another stile into the woods.
9. Follow the path along the lip of the wooded ghyll and through the gate then past the garage and onto the lane. Continue along the lane to turn left onto the road then back across the bridge to the Spread Eagle.



WALKS WITH TASTE SPONSOR



WHALLEY WARM & DRY

OUTDOOR CLOTHING & FOOTWEAR SPECIALIST

Join the thousands of people who travel from across the country for Whalley Warm & Dry's multi-award-winning Specialist Boot Fitting service and free customisation and discover the joy of walking in boots that feel like they were made just for you!

www.whalleyoutdoor.co.uk

ON THIS WALK WITH TASTE

Admire spectacular panoramic views of the Yorkshire Dales, the Bowland Fells and the Ribble Valley on this rewarding hike to the summit of Beacon Hill before returning to the Spread Eagle via ancient drovers' tracks for a well-deserved drink.

PARKING

The Spread Eagle Inn,
Sawley, Near Clitheroe,
Lancs, BB7 4NH.

MAPPING

Grid Reference SD 776465
OS Explorer OL41,
OS Landranger 103

DOG-FRIENDLY

Livestock will be grazing in most of the fields, so keep dogs under close control and ideally on a lead.



Discover more Walks with Taste at
www.visitribblevalley.co.uk

 Love Ribble Valley



Ribble Valley
Borough Council

www.ribblevalley.gov.uk